



February 2010

Welcome to the latest Gedling CVS ebulletin

Welcome to the February edition of the ebulletin for Gedling Community and Voluntary Services. It includes items of interest to voluntary and community groups, many of which may have short deadlines to respond to. I hope you will feel it is relevant to your work.

Feedback is welcomed at anytime as to how it can be improved or just what you think of the ebulletin as a resource. You can email any comments or suggestions to info@gedlingcv.org.uk.

Visit our website for more up-to-date information and see our newsletter Community Eye as well for more news and funding from previous weeks that you may have missed - www.gedlingcv.org.uk

If you think a friend or colleague would benefit from this e-newsletter then please send us their details so we can contact them to be registered.

Kind Regards

Jean Ramsden/Melanie Russell-Smith
Frontline Services Managers
Gedling CVS

In this issue:

Contents

Gedling CVS News

- 'Strengthening Community Action'
- 'Getting Active in Gedling'
- Pam Clipsham

Training, Events and Campaigns

- First Aid Appointed Person - Thursday 25 February 2010

- Understanding Accounts - Wednesday 03 March 2010
- Safeguarding/Adult Abuse Event - 24 March 2010

Funding

- B&Q Waste Donation Scheme
- The Links Foundation
- Society for the Assistance of Ladies in Reduced Circumstances
- Nationwide Foundation Small Grants Programme
- Santander Foundation

Consultation, Meetings and Networks

- Impact of the Recession
- The Health and Social Care Conference - Addressing Inequalities in Wellbeing in the East Midlands - 25 February 2010.
- Local and Sub-Regional BME Infrastructure

Environment and Sustainability

- Environmental Responsibility and Climate Change for all Charities

Resources

- Sports Clubs Urged to Register on CASC Scheme

News Update

- Right to Request Time to Train
- Fraud
- Introducing the Fit Note
- Official Round Up of Charity Law and Regulation
- Right To Work Checks
- Increases to Statutory Sick Pay and Statutory Maternity Pay

Gedling CVS News

‘Strengthening Community Action’

Gedling CVS offers a range of services including: Volunteer Centre, funding advice, newsletter, library, Community and Voluntary Transport scheme; group support including getting groups involved in local initiatives. If you would like any information or support from any of these services please email: admin@gedlingcvs.org.uk.

‘Getting Active in Gedling’ - Nottinghamshire PCT funds Gedling Community & Voluntary Services (Gedling CVS) to deliver chair based exercise sessions across Gedling. The initiative has proved so successful that the Gedling CVS is for the third year running recruiting Chair Based Exercise Leaders.

In the first year of the project, 302 sessions were delivered across the borough with a total of 3221 attendees. Demand for the service outstrips supply and

Gedling CVS are now looking for additional volunteers to train to become Chair Based Exercise Leaders. The training is to be delivered on Thursday 4, 11, 18 and 25 March 2010.

Designed to help improve strength, stamina, posture, circulation, range of movement and sleep patterns, the sessions are gentle, safe and effective. They may reduce the need for medication and the risk of accidents and falls. Above all they are an ideal way for older people to help maintain their independence in later years.

If you would like to become a Chair Based Exercise Leader and be a part of something that is improving people's quality of life in Gedling or if you are a member of a group or organisation (care homes, residential settings, lunch clubs etc...) who would like to take advantage of these sessions, please ask for Sonia Lane at Gedling CVS on 0115 9266750.

For further information, please contact: Sonia Lane at Gedling CVS. Tel: 0115 9266750. Email: volunteering@gedlingcv.org.uk

Pam Clipsham – Pam Clipsham may be known to many of you. She worked at Gedling CVS for over 14 years and had to retire due to ill health. Since that time she has fought her illness and has spent a third of last year in hospital. She was an inpatient over Christmas but was allowed out for Christmas dinner, less than a week after surviving a near- terminal flare up of bacterial infection in her lungs. She came out of hospital on 5 January and life was going well (assisted by a constant flow of oxygen and the wintry conditions shutting us in) but she caught a cold and that made her struggle with the ventilator overnight that was supposed to get rid of Carbon Dioxide levels growing in her. She returned to hospital where she eventually lost her fight, passing away on Saturday 30 February 2010. Pam leaves husband, Andrew and son Ryan.

[Back to Contents](#)

Training, Events and Campaigns

First Aid Appointed Person - Thursday 25 February 2010 - 9.30am - 3.00pm. The course will be held at Bassetlaw CVS, Dukeries Centre, Worksop. There is free car parking and the Centre is fully accessible. The cost will be £49.40 per participant. The Trainer will be Harold Scott who is very experienced in this field. He describes the course outline as:

Giving students the skill, knowledge and confidence to perform First Aid. Proper First Aid support in organisations is an essential element in Health & Safety provision.

This course will be certificated for successful attendees. To book a place/s please go to www.bcv.org.uk/events

Understanding Accounts - Wednesday 03 March 2010 - 09:30am - 16:00pm - 1 day Workshop - Unfortunately, most of us need to understand accounts at some stage – committee members, funders, staff and volunteers all come across accounts at various times; you may even have to prepare them. This course will clear the fog – giving you confidence to look at these documents, understand them and maybe even ask questions.

Venue: The Healthy Hub, Lincoln

Cost: £110 - Private & Statutory Sector

Discount: £60.00 - Third Sector (Including Charities, Voluntary Sector, & Social Enterprises)

Delivered by: John O'Brien – Chief Executive, Community Accounting Plus

To book a place contact: caplus@caplus.org.uk

[Source: community Accounting Plus]

Safeguarding/Adult Abuse Event - 24 March 2010 – 1 00 pm – 4 30 pm (12 30 pm for tea/coffee). A unique training event using drama in such a way that it makes you think differently about how to identify abuse and is unlike anything you've done before. Venue: Britannia Hotel, 1 St James's Street, Nottingham NG1 6BN. Cost: £10.00 for admin and refreshments. Places limited, so bookings taken on a first come, first served basis. For more information contact: Suzy Stephens, Tel: 0115 841 4471 or email: stephens@ageconcernnotts.org.uk

[Back to Contents](#)

Funding

B&Q Waste Donation Scheme - B&Q operates a waste donation scheme through all stores, donating waste materials, for example slightly damaged tins of paint, off-cuts of timber, and end of range materials, to community groups, charities and schools. The waste donation scheme is co-ordinated in store either by the environmental champion, Duty or Warehouse Manager who will keep a Waste Donation Form on file for interested groups. Before any materials are donated, the form must be signed by a representative of the group. Further information from:

www.diy.com/diy/jsp/corporate/content/environment_ethics/ethics/community/waste_donation.jsp

[Source: Voluntary Arts England e-news 25.01.10]

The Links Foundation - The Foundation was launched in 2003 as a charitable trust and has provided vital funds to a diverse range of community groups to help provide facilities and services to improve the conditions of life. They fund new or existing projects and can help meet costs such as salary, rent and stationery as well as capital costs. They do not, however, fund individuals or core costs. The Trustees meet up to four times a year in line with demand. At these meetings the Board assesses where grants will be distributed. Further information from: www.linksfoundation.org

[Source: Voluntary Arts England e-news 25.01.10]

Society for the Assistance of Ladies in Reduced

Circumstances - deadline: 26 March 2010 - The Society for the Assistance of Ladies in Reduced Circumstances has announced that it will be launching a new funding round in 2010. The Society, which was founded in 1886 and provides support to women resident in the United Kingdom who are living alone in their own home (either owned or rented) and in genuine need, irrespective of age or social status, will make £50,000 available for grants to support the work of other organisations that meet the objectives of the Society.

Priority will be given to smaller projects where it can be demonstrated that the Society's grant will make a real difference. The Society cannot consider projects which also benefit men, children or women who are not in financial need. All applicants must complete the online application form at

www.salrc.org

[Source: Voluntary Arts England e-news 25.01.10]

Nationwide Foundation Small Grants Programme - Small grants can be applied for by registered charities working for the benefit of all older people or survivors of domestic abuse to improve their housing needs and address financial exclusion. The Nationwide Foundation Small Grants Programme makes grants every two months. Grants of up to £5,000 are available to registered charities with incomes of under £500,000.

The application process is very simple and we pride ourselves on processing grants quickly. If you would like to apply for funding and find out more about our criteria, you should visit www.nationwidefoundation.org.uk or email enquiries@nationwidefoundation.org.uk.

Santander Foundation - The Abbey Charitable Trust has now changed its name to the Santander Foundation and has announced some changes on its new website. The Santander Foundation will support disadvantaged people, focusing on the priorities of education and training and financial capability.

Grants of up to £10,000 can be awarded anywhere in the UK. However there are certain areas where Santander has a significant presence and Community Partnership Groups have been established and higher grants can be made. There are nine such areas across the UK which grants of up to £30,000 are available. The Foundation is also now able to support revenue or capital items, such as salaries and project costs or equipment.

There are no deadlines or application form, however there is now a cover sheet that you can use as a checklist to make sure that you cover all the information required in your letter of application. For more information visit

www.santanderfoundation.org.uk.

[Source: Voluntary Arts England E-news – 01.02.10]

[Back to Contents](#)

Consultations, Meetings and Networks

Impact of the Recession – One East Midlands would like to capture some of your experiences of surviving, or even capitalising on the recession and look again at how the impact has been felt within the East Midlands. Visit their website www.oneeastmidlands.org.uk, and take part in their on-line poll or if you have a little more time, you could drop them an email with your perspectives on the recession.

[Source: In Touch with One East Midlands – February 2010]

The Health and Social Care Conference - Addressing Inequalities in Wellbeing in the East Midlands - 25 February 2010. Time: 9 30am to 4 30pm. This partnership event will bring together the third sector and partners to look at the current changes and challenges for health & social care. Delegates can participate in 2 workshops which will offer learning opportunities as well as give the chance for statutory and third sector partners to identify regional health and social care priorities. The day will allow delegates the chance to set the focus for a Health Inequalities Strategy for the region. For more information and to book visit

www.oneeastmidlands.org.uk/healthconference2010

[Source: In Touch with One East Midlands – February 2010]

Local and Sub-Regional BME Infrastructure - BEAM East Midlands and partners are calling a Summit for BME local infrastructure organisations to come together and discuss the issues that are impacting BME local and sub-regional infrastructure, what support is needed and assessing the value of BME infrastructure. There was a meeting on 12 February 2010 but if you are interested contact The Black Development Agency, Tel: 0117 9396645 or email: beam.01@googlemail.com.

[Source: In Touch with One East Midlands – February 2010]

Environment and Sustainability

Environmental Responsibility and Climate Change for all Charities - The Charity Commission board has agreed to add the issue of environmental responsibility to core guidance documents for charities (Hallmarks of an Effective Charity and the Essential Trustee), according to Civil Society Governance, <http://www.civilsociety.co.uk/governance/news/content/5981/> Climate change is not to be explicitly included, leaving any response down to the individual charity. Meanwhile NCVO, along with Green Alliance and Global Action Plan, have completed a pilot project with four major UK charities on how the changing climate could directly affect their beneficiaries and what they need to do now to protect services and people in future, see [NCVO news item](#).

[Source: VolResource Newsletter No. 418]

[Back to Contents](#)

Resources

Sports Clubs Urged to Register on CASC Scheme - Amateur sports clubs across the UK are being urged to join the Community Amateur Sports Club (CASC) scheme, which allows them to benefit from tax savings. Over 5,500 clubs have already signed up, but the government is concerned that thousands more are missing out on mandatory business rate relief and the potential to claim Gift Aid on donations. Culture Department news item at http://www.culture.gov.uk/reference_library/media_releases/6584.aspx.

[Source: VolResource Newsletter No. 417]

[Back to Contents](#)

News Update

Right to Request Time to Train - The right for employees to request time to train comes into effect from 6th April 2010 for organisations with 250 or more employees, and from 6th April 2011 elsewhere. The government has published a guide for employers explaining what this entails, available on the Business Link website via <http://www.businesslink.gov.uk/timetotrain>. Guidance for employees is on the DirectGov site, <http://www.direct.gov.uk/timetotrain>.

[Source: VolResource Newsletter No. 416]

Fraud - A group CA Plus works with has recently suffered from fraudulent standing orders. Basically, someone found out their bank account details and the names of the Trustees, then they wrote to the bank to set up standing orders for small amounts over a few months to be paid into other accounts. The bank paid out and it was only spotted when the bank reconciliations were done. The bank has reimbursed the group, accepting that they did not check that the signatories complied with the mandate. So, remember to reconcile the bank accounts regularly so you can spot anything like this.

[Source: Community Accounting Plus)

[Back to Contents](#)

Introducing the Fit Note - The new "Fit Note" is due to come into operation from 6th April 2010 replacing the doctor's sick note, assuming parliament approves the changes. An explanation for employees, with link to an example note, is on Directgov at

http://www.direct.gov.uk/en/NI1/Newsroom/DG_184645.

[Source: VolResource Newsletter No. 418]

Official Round Up of Charity Law and Regulation - The Government's Office of the Third Sector has created a new 'Law and Regulation' web section. The law section is specifically for charities (what about other types of third sector organisations?), while the 'cutting red tape' section has pointers to subjects such as volunteering issues and commissioning from the third sector. [OTS news item](#) or go direct to http://www.cabinetoffice.gov.uk/third_sector/law_and_regulation.aspx.

[Source: VolResource Newsletter No. 418]

Right to Work Checks - Since November 2009, new Biometric ID Cards that have been issued to some persons entering the UK can be used as evidence that they have a right to work in the UK. Employers should photocopy

both sides of the ID card and retain this as proof that the check has been completed. If you provide any lists of documents that can be used to verify a persons right to work, ID cards should be added to the list.

[Source: CA Plus - Employment Law Update February 2010]

Increases to Statutory Sick Pay and Statutory Maternity Pay -

The annual rises to Statutory Sick Pay (SSP) and Statutory Maternity Pay (SMP) as from 6th April 2010 have been announced. There will be NO INCREASE in SSP. This will remain at the previous year's rate of £79.15 per week if the eligible weekly earnings are greater than £97/week.

There will be a modest 1.5% increase in the statutory rate of Maternity/Adoption/Paternity pay. This will rise from the current £123.06 to £124.88 per week if the eligible weekly earnings are again greater than £97/week.

[Source: CA Plus - Employment Law Update February 2010]

Unsubscribe:

This mailing list is hosted by Gedling CVS. If you have any questions or concerns, or if you wish to unsubscribe please contact:

info@gedlingcvs.org.uk.

Disclaimer:

This message has been sent to the addresses of subscribers to the Gedling CVS e-bulletin. Gedling CVS cannot accept responsibility for the contents of any information distributed in this e-bulletin, except those sent by its own staff. If you are not the intended recipient, please notify the sender immediately.

WARNING: This email and its attachments have been checked for viruses using anti-virus software. Nevertheless we recommend that in keeping with good practice the recipient should use their own virus checking procedures before opening any document.

Subscribers should take responsibility to ensure that their computers are free of viruses.

Information in this email and any attachments are confidential and may not be copied or used by anyone other than the addressee, or disclosed to any third party without permission. There is no intention to create a legally binding contract or commitment through the use of this electronic communication.

Jean Ramsden/Melanie Russell-Smith
Frontline Services Managers
Gedling Community and Voluntary Services
Arnot Hill House
Arnot Hill Park
Nottingham Road

Arnold
Nottingham
NG5 6LU

Gedling CVS is a Registered Charity 1108272 and a Company Limited by
Guarantee registered in England and Wales No. 5239446
Gedling CVS is registered under the Data Protection Act 1998 No.9797886.